

Connections

Connecting students to careers,
Professionals to communities,
Communities to better health.

2014 Fall Report

Volume 4 Number 2

What was your favorite part of the Scrubs Camp?

"I enjoyed learning more about the healthcare careers that I am interested in and learning about new careers. My favorite workshop was the SDSU (Doctor of Nursing) Practice."

How can we make the Scrubs Camp better next year?

"I thought everything was great!"

Scrubs Camp Participant, Oct. 1, 2014 at Yankton



This survey response was one of 72 gathered at the conclusion of the Yankton Scrubs Camp. Each Scrubs Camp site collects evaluations from the attendees.

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1000 W. 4th St., Ste. 5
Yankton, SD 57078
Phone: 605-655-1400
Fax: 605-668-8483

Email: info@yrahec.org
Website: www.yrahec.org

Golden LivingCenter of Armour boosts CNA training at YRAHEC

Efforts to recruit certified nursing assistants in rural health care facilities in South Dakota received a boost thanks to a donation from Golden LivingCenter of Armour to the Yankton Rural Area Health Education Center. During a check presentation Monday, October 6, 2014, at the Yankton Rural AHEC office, Golden LivingCenter officials applauded efforts to enhance rural health care.

"Golden Living is proud to present this grant to Yankton Rural AHEC," said B.B. Woods, Executive Director, Golden LivingCenter - Armour. "We are pleased to be able to support worthwhile organizations like the Yankton Rural AHEC, which are pillars of the Yankton Community."

The donation is made as part of Golden Living's Community Support Initiative grant program, which is funded through Golden LivingCenter - Armour parent company, Golden Living. The Community Support Initiative grants are charitable contributions given in support



Left to Right, Sen. Jim Putnam; Karen Randall, Sales and Marketing with Golden LivingCenter-Armour; B.B. Woods, Executive Director of Golden LivingCenter-Armour; Greg Henderson - Interim President/Yankton Rural AHEC Board of Directors; Sandy Viau-Williams - Executive Director/Yankton Rural AHEC; and Pam Rezac - Board Member/Yankton Rural AHEC Board of Directors.

of worthy non-profit community or regional organizations. Since the program's inception in 2005, over 1,689 grants have been awarded; contributing \$1,617,000 into local communities the company serves.

Golden Living's community outreach and service supports the company's mission to improve quality of life through innovative healthcare, one person, one family, and one community at a time. Celebrating 50 years of service, the company and its predecessor companies have cared for more than four million patients since 1964, and today is a national leader in providing skilled nursing and post acute care. **Continued on page 5.**



Disaster Training Day set for March 20, 2015

- Health professions students at the University of South Dakota and South Dakota State University will prepare themselves should a future disaster strike. Read more on page 3.



The South Dakota Area Health Education Center (SD AHEC) has a mission to "connect students to careers, professionals to communities, and communities to better health." Established in 2009 through a HRSA grant awarded to the Sanford School of Medicine, the statewide program currently has two centers, the Yankton Rural AHEC and the Northeast AHEC.

Rural Rewards: A Call to Care

The demand for caregivers in South Dakota is expected to keep growing. Rural Rewards – A Call to Care project aims to help address those needs by increasing the labor pool for long-term care facilities in South Central South Dakota.

People interested in becoming a Certified Nursing Assistant or CNA are encouraged to apply for the Rural Rewards CNA Training Program. Selected applicants will participate in on-line education, on-site clinicals, skills review and certification testing. Rural Rewards is a project of the Yankton Rural Area Health Education Center (AHEC) and a consortium of 11 long-term care facilities.

“Answering the call to care for the residents in our rural facilities can provide a rewarding career change or job addition. CNAs are an important part of the team providing care. The demand for CNAs keeps growing,” said Sandy Viau-Williams, Executive Director of Yankton Rural AHEC. “Our goal is to train 80 new certified nursing assistants within the next year in a seven county area.”

New staff join Yankton Rural AHEC

Corryn Celmer is one of Yankton Rural AHEC’s two new Program Specialists. After interning over the summer, she has been officially hired since August. She coordinates Scrubs Camps throughout the state, CNA CTE for high school students, and the Rural Rewards Program. While working part-time,



Corryn is also working to obtain her M.B.A. in Health Service Administration at the University of South Dakota.

Ally Lee is a new part-time employee as well. She is an undergraduate senior at USD studying Social Work. Ally has worked as a certified nursing assistant and medication aide.



Ally Lee

Sen. Johnson’s staffers visit Yankton Rural AHEC



Telling the AHEC story: Yankton Rural AHEC Executive Director, Sandy Viau-Williams, left, visited, with Corrine Pickus, center, and Ashley Raspor of Sen. Tim Johnson’s office recently. They met with YRAHEC staff at the AHEC office in Yankton.



The outlook is very good for participants in the program to find a position as a CNA in South Central South Dakota. Although Rural Rewards does not guarantee employment as a CNA, chances are graduates of the program will be asked to answer the call to care.

According to a report of Governor Dennis Daugaard’s Primary Care

Task Force, between 2010 and 2020 more than 8,000 additional healthcare workers will be needed. The number of high school graduates is expected to decrease by 17 percent between 2002 and 2018 while the elderly population in South Dakota is expected to double by 2025.

The Rural Rewards training program consists of 75 hours of various components of training, including on-line education, on-site clinicals, a skills review and certification exam. Thirty-two hours are a combination of on-line modules, assigned reading in a textbook, and assigned skills and activities. Eight hours will be a skills review session in a laboratory setting. The remaining 35 hours will be facility-based clinical instruction.

The program is designed to provide flexible and accessible training. Participants keep their present jobs during training. On-line modules are available 24 hours per day. Participants will have options of where to complete the on-site clinicals and skills review, as these sessions will be rotated among the facilities teaming up for this project. However, students need to keep in mind they will need about 43 hours available at a training site to complete the program.

Applications are available at www.ruralrewards.org or at local South Dakota Department of Labor and Regulation offices in Yankton, Mitchell, and Lake Andes. Call the Yankton Rural AHEC with any questions at 605-655-1400.



www.yrahec.org

REHPS 2014

Small Experiences for Health Professionals' Meetings

Watch for new REHPS videos soon highlighting 2014.

A glimpse ... At REHPS 2014

Disaster Training Day Set for March 20, 2015 at USD

The South Dakota Disaster Training Day includes 11 disciplines of healthcare students from the University of South Dakota and South Dakota State University. The day focuses on topics, terminology, processes and procedures that will help these students be prepared when called upon.

On March 20, 2015, these students will converge at the Lee Medical Building at the Sanford School of Medicine, USD - Vermillion.



Bowdle

Preceptor Welcoming: Mindy Lucklum, SDSU Pharmacy student, left, and Mollie Sloom, SDSU Pharmacy student, visit with Doug Turner about hospital pharmacy.



Miller

Who's Who?: Catherine Creech, SDSU Pharmacy student, left, and Kimberly Schmidt, SDSU DNP student, are ready to observe.



Custer

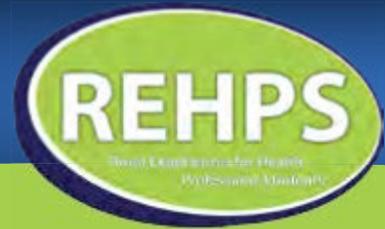
Tasting Rural Life: Ashley Pederson, SDSU Pharmacy student, left, and Rebecca Hruby, SDSU DNP student, take a break for a bite to eat in Custer.



Parkston

A Rural Experience: Cody Maxwell, SDSU Pharmacy student, left, and Paul Berndt, SSOM Medical student, learned first-hand about rural healthcare in Parkston.





Philip

On the Air: Amanda Nelson, SDSU Pharmacy student, left, and Brittany Garner, USD PA student, spoke about the REHPS program on the radio in Philip.

Platte

Program Manager Visit: Cheri Buffington, REHPS Program Manager, left, visits Rose Fitzgerald, SDSU Pharmacy student, during her experience in Platte.



Winner (Above)

Feeling Right at Home: SDSU Pharmacy students, Chance Wachholz, left, and Hubert Lahr found a familiar face while experiencing Winner.



Redfield

Interprofessional Perspectives: Brittany Williams, SDSU Pharmacy student, and Randall Waldner, SSOM Medical student, experienced healthcare in Redfield.

Sisseton

Breathtaking Rural Views: Eddy Ekobena, SDSU Pharmacy student, left, and Ryan Buse, SSOM Medical student, take in a Sisseton experience.



Webster (Below)

Seeing is Believing: Dawn Holburn, SDSU Pharmacy student, left, and Francoise Bansenga, MMC Master of Nursing Science student, right, view a cataract surgery in Webster.



Wagner

Helping Out: Kristin Wempe, SSOM Medical student, left, and Kelsey Eneboe, SDSU Pharmacy student, lend a hand at the 5k road race.



Scrubs Camps help students plan futures

Designed to create awareness and interest in healthcare careers, Scrubs Camps are one-day, hands-on opportunities for high school students across South Dakota.

Scrub Camps are planned in the following 16 towns this academic year: Gregory, Huron, Chamberlain, Yankton, Aberdeen, Mobridge, Mission, Watertown, Pierre, Rapid City, Faith, Mitchell, Sioux Falls, Spearfish, Vermillion, and Madison.

Sophomore through senior high school students who are interested in the healthcare career field are encouraged to attend.

Each camp is typically as long as a school day and takes place on a weekday. Throughout the day, students listen to different presenters and are involved in numerous hands-on activities. They are also given the chance to speak with college admission representatives who have set up booths.



SDSU Pharmacy Session

Yankton's own Scrubs Camp had nearly 90 students attend! Presenters ranged from Coach Rozy speaking on physical fitness and sports medicine to Dr. Stacey Arnswald speaking on behalf of the Human Services Center about Mental Health. Numerous health professions university students also participated in the days' activities.

Students from 10 schools attended the Yankton Scrubs Camp: Alcester-Hudson, Andes Central, Avon, Bon Homme, Bridgewater-Emery, Freeman, Gayville-Volin, Parkston, Wagner and Yankton.

We appreciate your participation!

Free continuing ed credits available

South Dakota professionals have access to a free continuing education opportunity thanks to the National AHEC organization, HRSA and Yankton Rural AHEC.

"The Health Insurance Marketplace: What Health Professionals Need to Know" is available as a 50 minute, 2-part video presentation at the Yankton Rural AHEC's education website. The presentation is available for viewing at any time and includes several other resources such as the PDF self-study guide which outlines procedures for gaining continuing education credits. You must register through a link at www.yrahec.org under education opportunities on the right-hand side of the home page. Or call Yankton Rural AHEC at 605-655-1400 for further information.

CE credit may be available to physicians, nurses, social workers, marriage counselors, and family therapists.



cont'd pg. 1: Golden LivingCenter donates ...

"We are extremely grateful to Golden LivingCenter of Armour for this generous donation. This donation is an investment in the healthcare workforce of our service area touching 34 counties in southern South Dakota. Certified nursing assistants are in high demand. The Yankton Rural AHEC has several programs focused on increasing the number of CNAs ready and able to care for South Dakotans," said Viau-Williams. "We also congratulate GoldenLiving on reaching a milestone of 50 years of service."

Yankton Rural AHEC brings CNA training to area high school students during the summer and will soon begin training students this fall and spring as part of regional career and technical education. A new Yankton Rural AHEC project, Rural Rewards – A Call to Care, offers flexible, accessible training to people who might be recareering or refocusing and eager to join the health care workforce as a CNA.



Upcoming Events -- Save the Date

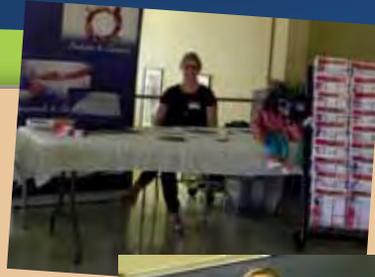
- Oct. 20** Regional CTE CNA Course starts
- Oct. 22** Scrubs Camp, Mission
- Oct. 28** REHPS Presentation, Sioux Falls
- Oct. 29** Scrubs Camp, Watertown
REHPS Presentation, Sioux Falls

Nov. 5 Scrubs Camps, Pierre & Rapid City

Nov. 19 Scrubs Camp, Mitchell

March 20, 2015 Disaster Training Day

Students attending the Scrubs Camp at Gregory on Sept. 10, participated in many hands-on activities including the state-of-the-art human patient simulators. These mannequins respond to medical treatment and procedures. These simulators allow medical personnel to practice their skills repeatedly in a low-stress environment.



Yankton Rural AHEC hosted a booth at Women in Science in October at Mount Marty College in Yankton. Ally Lee, (pictured at left) YRAHEC program specialist and Cheri Buffington, REHPS program manager, visited with some of the 200 8th grade girls in attendance.



Six medical students from the University of South Dakota also gave presentations at Women in Science: (left photo, left to right) Ann Van De Walle Jones, Lizz Hofman (REHPS 2013), and Martha Holstein (REHPS 2013). Right photo (left to right) Na Smith, Becka Bogue (REHPS 2013), and Maria Skorey. They gave an overview of their chosen careers and what to expect.

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